



# ONLINE GROUP SUPERVISION CALENDAR FOR END OF 2023, FACILITATED VIA ZOOM

The Provisional Psychologist Network provides a range of online group supervision services aimed at addressing the core competencies of the 4 + 2, 5 + 1 and registrar pathways. All groups have a maximum of five participants. We have four board approved supervisors who currently provide group supervision: Dr Justine Evans (Clinical Psychologist), Jasmine Kelly (Psychologist), Seng Tan (Psychologist), Kelly Wozencroft (psychologist) and Annie Slater (Psychologist).

When attending groups please ensure that you have adequate internet coverage, and that you are accessing the group via a computer, not a handheld device.

It is easy to add secondary supervisors to your internship plan so that you can count the hours towards your supervision ratio. To do so you just need to get your primary supervisor to sign a letter that you send to AHPRA. We can provide you with this template.

For existing supervisees of the Network you can book online through the client portal at:

<https://my.powerdiary.com/clientportal/5541d022-d51c-45cb-bb7d-e289068d2680>

For those who are new to group supervision with the Network and would like to attend please email [contact@provisionalpsychologistnetwork.com](mailto:contact@provisionalpsychologistnetwork.com) with your full name, email address and mobile number and we will create you a client portal login. That way you can login and book.

To book through the client portal make sure you click on 'book a class' and then you can browse the dates that are available. If you can't see a date, it is because it is full. Feel free to email us to go on the cancellation list if there is a group you would like to attend but it isn't available.

All groups subject to change, and require a minimum 3 participants to go ahead. See cancellation policy attached.



# SUPERVISOR'S ZOOM LINKS FOR SUPERVISION

Please note that our appointments are set to Australian Eastern Daylight Time (AEDT) from the **first Sunday in October** to the **first Sunday in April** during Daylight Saving Time (DST) and Australian Eastern Standard Time (AEST) for the remainder of the year.

Please choose the correct zoom link below based on the supervisor facilitating the group. We are no longer sending out agendas. If you have booked a case consultation group please ensure that you come prepared with a case, supervision need, or question for facilitation within the group.

Please ensure you are not distracted during the session so you can fully participate. Please try to engage in the session via a computer and not a handheld device.

You can email your logbooks to admin following the session for signing to [contact@provisionalpsychologistnetwork.com](mailto:contact@provisionalpsychologistnetwork.com)

## ZOOM LINKS BY CLINICIAN:

Annie Slater

<https://us02web.zoom.us/j/3165060901>

Dr Justine Evans

<https://us02web.zoom.us/j/5584403166>

Jasmine Kelly

<https://us02web.zoom.us/j/4539708403>

Seng Tan

<https://us02web.zoom.us/j/7537622618>

Kelly Wozencroft

<https://us02web.zoom.us/j/3139569433>

# GROUP SUPERVISION FACILITATED BY ANNIE SLATER (PSYCHOLOGIST)

These topic groups are facilitated once a month on Saturdays. There are two times running on these Saturday's, sometimes with different topics, at 9am to 11am and 11:30am to 1:30pm (NSW time) (2-hour group). These groups require active participation and have a set learning goal facilitated in a group supervision space.

**Fee:** Cost of the group supervision session is \$160 per supervisee.

*\*Please note there will be one group that is a 3 hour group on October 14th at 11:30am and the fee for this group will be \$240 per supervisee.*

## **9AM-11AM & 11:30AM-1:30PM NSW TIME**

### **Saturday July 22nd**

*9am to 11am Chronic Pain:* Understand vulnerabilities, biological processes, and psychological factors to inform formulation and intervention of chronic pain.

*11:30am til 1:30pm Borderline Personality Disorder:* Learn the diagnostic criteria, assessment, biosocial model, and evidence based treatment.

### **Saturday August 19th**

*9am to 11am Social Anxiety Disorder:* Learn to identify, assess and formulate social anxiety effectively.

*11:30am to 1:30pm Introduction to ACT:* Broad overview of the ACT model.

### **Saturday September 16th**

*9am to 11am Bipolar Disorder I & II:* Learn to identify, assess, formulate, and treat bipolar disorders.

*11:30am to 1:30pm Separation Anxiety Disorder:* Learn to identify, assess, formulate, and treat bipolar disorders.

# GROUP SUPERVISION FACILITATED BY ANNIE SLATER (PSYCHOLOGIST) CONTINUED...

## Saturday October 14th

*9am to 11am Feedback Informed Treatment:* Learn how to monitor client improvement, and use feedback to improve outcomes and therapeutic alliance.

*\*11:30am to 2:30pm Case Reports:* A three-hour supervision based on Annie's case report training. Don't do this group if you have already done that training. All the resources from Annie's case report training will be included. Learn how to write effective and successful case reports for AHPRA.

## Saturday November 11th

*9am to 11am Trauma Informed Care & Practice:* Learn all the principles of trauma informed care and practice and learn how to apply them in you practice with clients.

*11:30am to 1:30pm Self Care, Boundaries & Clinician Regulation:* Identify the differences between burnout, vicarious trauma and compassion fatigue. Identify individual risk factors, and implement strategies for ongoing self-care and management of boundaries.

## Saturday December 2nd

*9am to 11am Stabilisation & Resourcing:* Come learn all about stage one of trauma treatment. Factors to consider when stabilisation your client and preparing them for stage two. What resources your client may need and how to teach them.

*11:30am to 1:30pm Post Traumatic Stress Disorder:* Understand the diagnostic criteria, appropriate assessment tools, and key information to gather for your formulation. Learn the key maintaining variables, and an overview of evidence based treatment.

# GROUP SUPERVISION FACILITATED BY DR JUSTINE EVANS (CLINICAL PSYCHOLOGIST)

These 2 hour groups are facilitated during business hours on Tuesdays between 9am and 11am NSW time (10am to 12pm after daylight savings starts) and on Thursdays between 1pm and 3pm NSW time (2pm to 4pm after daylight savings starts). These groups require active participation and have a set learning goal facilitated in a group supervision space.

Fee: Cost of the group supervision session is \$160 per supervisee.

## **9AM-11AM & 1PM-3PM NSW TIME**

## **AFTER DAYLIGHT SAVINGS STARTS 10AM-12PM & 2PM-4PM NSW TIME**

### **Tuesday July 4th**

*9am to 11am Dissociative Disorders: Assessment and Intervention:* This group supervision will introduce participants to the Dissociative Disorders listed in the DSM-V. It will provide an overview on each disorder and discuss assessment and intervention frameworks. It will also discuss how dissociation can be overlooked when providing treatment across mental health conditions. Supervisees are asked to consider how dissociation may present in the clinical work.

### **Thursday July 6th**

*1pm to 3pm Cultural Responsiveness in Assessment and Intervention:* This supervision will look at the importance and ethics of considering cultural background in both assessment and intervention. Cultural fairness/equivalence is an important ethical issue in assessment. Using a culture informed conceptualization is vital to appropriate treatment interview. The Cultural Framework Interview will be discussed.

# GROUP SUPERVISION FACILITATED BY DR JUSTINE EVANS (CLINICAL PSYCHOLOGIST) CONTINUED...

## Thursday July 20th

*1pm to 3pm Working with School Refusal:* School Refusal is not a Mental Health Disorder but has become a significant educational and social issue. This supervision will ask supervisees to consider how it might present in their clinical work. It will look at the various reasons (including mental health diagnoses) that might initiate and maintain school refusal and discuss intervention frameworks.

## Tuesday August 1st

*9am to 11am CBT-E for Eating Disorders:* CBT-E for Eating Disorders is one of the evidence-based treatment approaches for DSM-V-TR eating disorders. This supervision will provide an overview of this treatment framework, with information on how to seek further training.

## Thursday August 3rd

*1pm to 3pm Neurodiversity Affirmative Practice: An Introduction:* An overview of the concept of Neurodiversity Affirmative Practice will be outlined. It is a framework based on inclusion and acceptance. It will include providing an understanding of the key concepts associated with this framework. This will include an understanding of the broader intervention frameworks for treating ASD.

## Thursday August 17th

*1pm to 3pm Working with Clients in the Peri-natal and Post-natal Period:* The pre- and post-natal period is one of the most critical time periods of mental health for adult women. This supervision will look at the assessment and treatment of mental health conditions during this period, including Major Depressive Disorder and Post Partum Psychosis. It will also consider managing clients during this period that have chronic Mental Health conditions.

# GROUP SUPERVISION FACILITATED BY DR JUSTINE EVANS (CLINICAL PSYCHOLOGIST) CONTINUED...

## Tuesday August 29th

*9am to 11am Assessing Functional Impairment for the NDIS:* This supervision will provide education on the framework and language used for the NDIS in assessing the functional impact of psychosocial conditions. This will include discussion of the six functional domains that are addressed when applying for and working within the NDIS. It is not language psychologists are routinely trained in but important to understand and communicate in when supporting clients approved for or seeking to get support through the NDIS.

## Thursday September 14th

*1pm to 3pm Family and Domestic Violence: The Impact of Coercive Control on Mental Health:* This supervision will provide a theoretical understanding of the impact of coercive control (in the context of intimate relationships) on mental health. It will consider the long-term impact of interpersonal trauma in adult relationships and how this can be recognised and worked with in treatment. It will also consider the ethical and legal issues associated with coercive control.

## Tuesday September 26th

*9am to 11am Art Therapy with Adolescents and Adults:* This supervision will introduce the use of Art Therapy an adjunct treatment for Mental Health conditions in both adolescents and adults. It will provide an understanding of how expressive therapies can be integrated into clinical work, including the range of mental health conditions that expressive therapies are typically used with.

## Thursday September 28th

*1pm to 3pm Risk Management of Self Harm:* This supervision will discuss assessment and management of self-harm in clinical practice. This includes with both adolescents and adults. It will highlight ethical scenarios in working with adolescents and how to manage confidentiality. It will provide a risk assessment framework and intervention strategies for managing self-harm.

# GROUP SUPERVISION FACILITATED BY DR JUSTINE EVANS (CLINICAL PSYCHOLOGIST) CONTINUED...

## Thursday October 12th

*2pm to 4pm Conducting MSEs and the MOCA and Reporting the Results:* Cognitive screeners assessing for neurological decline is an assessment task that may routinely be asked of psychologists (based on employment setting). Understanding the key cognitive screening assessment tools is an important skill to develop. This supervision will provide an overview of two key cognitive screeners, including how to administer the tests and interpret and report results.

## Tuesday October 24th

*10am to 12pm PAI: Personality Assessment :* The Personality Assessment Inventory is one of the identified instruments for completing the personality assessment competency for provisional psychologists. This supervision of the test structure, administration, interpretation, and reporting. There will be discussion on how the results may inform diagnosis and treatment planning.

## Thursday October 26th

*2pm to 4pm Hoarding Disorder:* This supervision will discuss the clinical presentation of Hoarding Disorder and the comorbid diagnoses it is typically associated with. It will discuss assessment, conceptualisation and interventions.

## Tuesday November 21st

*10am to 12pm Working with Adults with OCD:* This group supervision will provide an overview of OCD in adults, including the development and presentation in this population. It will outline key assessment tools and a treatment approach for working with adults with OCD.



# GROUP SUPERVISION FACILITATED BY DR JUSTINE EVANS (CLINICAL PSYCHOLOGIST) CONTINUED...

## Thursday November 23rd

*2pm to 4pm Social Phobia in Adolescents and Adults: Assessment and Intervention:* This group supervision will provide an overview of the diagnostic criteria for Social Phobia. It will outline the key assessment tools and recommended treatment interventions. Clients will be asked to consider clients they have worked with, and a shared conceptualisation framework will be demonstrated in session.

## Thursday December 7th

*2pm to 4pm Health Anxiety: Assessment and Intervention:* This group supervision will provide an overview of the diagnostic criteria for Health Anxiety disorder. It will outline key assessment tools and recommended treatment interventions.

## Thursday December 21st

*2pm to 4pm Introduction to EMDR:* This group supervision will provide an overview of current evidence-based treatments for PTSD with an introduction to the eight stage EMDR treatment model. It will include the use of videos to provide demonstrations of elements of the EMDR treatment approach and provide an overview of training options.

## GROUP SUPERVISION FACILITATED BY JASMINE KELLY (PSYCHOLOGIST)

These 2 hour groups are facilitated during business hours on Wednesdays and Saturday's between 12pm and 2pm NSW time (1pm to 3pm after daylight savings starts) and after-hours on Tuesdays between 7pm and 9pm NSW time (8pm to 10pm after daylight savings starts). These groups require active participation and have a set learning goal facilitated in a group supervision space.

**Fee:** Cost of the group supervision session is \$160 per supervisee.

### **12PM-2PM & 7PM-9PM NSW TIME**

### **AFTER DAYLIGHT SAVINGS STARTS: 1PM-3PM & 8PM-10PM NSW TIME**

**Saturday July 1st**

*12pm to 2pm Introduction to Eating Disorders:* Eating Disorders are a complex and dangerous area of practice. Jasmine will focus on understanding and assessing the most common forms of disordered eating.

**Tuesday January 10th**

*7pm to 9pm Therapy Skills: Art Therapy:* Combine your enthusiasm for psychology and creativity, an introduction on how to use art as part of your therapeutic intervention. These skills can be used across the lifespan, but there is a specific focus on working with children.

**Wednesday January 11th**

*12pm to 2pm Introduction to ACT:* Acceptance and Commitment Therapy techniques can be integrated into your current practice. Jasmine will start with an overview of ACT and then demonstration of specific skills and techniques.

# GROUP SUPERVISION FACILITATED BY JASMINE KELLY (PSYCHOLOGIST) CONTINUED...

## Saturday July 15th

*12pm to 2pm NPE: Assessment:* This can be booked as a follow up to NPE: Initial prep and ethics, or can be booked independently. Jasmine will discuss the WISC, WAIS, PAI, and SDQ, specifically focusing on how to prepare for questions relating to assessment in the NPE.

## Tuesday July 25th

*7pm to 9pm Therapy Skills: Supporting Gender Diverse Clients:* Gender Diversity is an ever growing area of practice for many Psychologists. Jasmine will help you to better understand gender diversity, how to be an ally, and ASD clients who are also gender diverse.

## Wednesday July 26th

*12pm to 2pm Therapy Skills: Play Therapy:* Develop therapy skills to utilise play as part of your therapeutic intervention.

## Saturday July 29th

*12pm to 2pm Therapy Skills: Anger Management in Children:* Many children struggle with emotion regulation and anger issues. Improve your understanding and therapy skills to address this complex issue.

## Tuesday August 8th

*7pm to 9pm Therapy Skills: Grief and Loss:* Improve your therapy skills and understanding of the complexities of grief and loss.

## Wednesday August 9th

*12pm to 2pm Introduction to Working with Trauma:* An overview of theories, models and interventions in working with trauma presentations.

## Saturday August 12th

*12pm to 2pm NPE: Intervention:* This is the third session of NPE prep (best done after NPE intro and NPE assessment). This session will focus on what you need to know regarding the interventions that are part of the curriculum for the NPE.

# GROUP SUPERVISION FACILITATED BY JASMINE KELLY (PSYCHOLOGIST) CONTINUED...

## Tuesday August 22nd

*7pm to 9pm Introduction to CBT Skills:* A brief introduction to CBT skills - including theoretical model, psychoeducation demonstration, 3/6 session intervention plans, and useful resources.

## Wednesday August 23rd

*12pm to 2pm NPE: Initial Prep and Ethics:* An introduction to better help you understand, prepare, and study for the NPE. This session is best done at the start of your NPE study journey but can be done at any time. Jasmine will also address the most important ethical considerations of the NPE.

## Saturday August 26th

*12pm to 2pm Therapy Skills: Managing Self Harm and Suicidal Ideation:* Learn key skills to better understand self harm and suicide. Jasmine will demonstrate and share resources to effectively assess, risk manage, and document. There will be a specific focus on how to apply these skills to working with teenagers and inform parents/carers.

## Tuesday September 5th

*7pm to 9pm Introduction to Motivational Interviewing:* A two hour overview of Motivational Interviewing, focusing on creating positive behaviour change.

## Wednesday September 6th

*12pm to 2pm Therapy Skills: CBT for Teenagers:* This session is best booked as a follow up to Intro to CBT Skills. This session covers more advanced CBT skills with a specific focus on how to apply to an adolescent population.

## Saturday September 9th

*12pm to 2pm Therapy Skills: Supporting LGBTQIA clients:* It is important that all Psychologists are adequately trained to understand and support the LGBTQIA+ community. Jasmine will discuss information gathered through research and experience on how to be a Psychologist and an ally to the community.

# GROUP SUPERVISION FACILITATED BY JASMINE KELLY (PSYCHOLOGIST) CONTINUED...

## Tuesday September 19th

*7pm to 9pm Introduction to Eating Disorders:* Eating Disorders are a complex and dangerous area of practice. Jasmine will focus on understanding and assessing the most common forms of disordered eating.

## Wednesday September 20th

*12pm to 2pm NPE: Assessment:* This can be booked as a follow up to NPE: Initial prep and ethics, or can be booked independently. Jasmine will discuss the WISC, WAIS, PAI, and SDQ, specifically focusing on how to prepare for questions relating to assessment in the NPE.

## Saturday September 23rd

*12pm to 2pm Therapy Skills: Art Therapy:* Combine your enthusiasm for psychology and creativity, an introduction on how to use art as part of your therapeutic intervention. These skills can be used across the lifespan, but there is a specific focus on working with children.

## Tuesday October 3rd

*8pm to 10pm Introduction to ACT:* Acceptance and Commitment Therapy techniques can be integrated into your current practice. Jasmine will start with an overview of ACT and then demonstration of specific skills and techniques.

## Wednesday October 4th

*1pm to 3pm Therapy Skills: Supporting Gender Diverse Clients:* Gender Diversity is an ever growing area of practice for many Psychologists. Jasmine will help you to better understand gender diversity, how to be an ally, and ASD clients who are also gender diverse.

## Saturday October 7th

*1pm to 3pm Therapy Skills: Play Therapy:* Develop therapy skills to utilise play as part of your therapeutic intervention.

# GROUP SUPERVISION FACILITATED BY JASMINE KELLY (PSYCHOLOGIST) CONTINUED...

## Tuesday October 17th

*8pm to 10pm Therapy Skills: Anger Management in Children:* Many children struggle with emotion regulation and anger issues. Improve your understanding and therapy skills to address this complex issue.

## Wednesday October 18th

*1pm to 3pm NPE: Intervention:* This is the third session of NPE prep (best done after NPE intro and NPE assessment). This session will focus on what you need to know regarding the interventions that are part of the curriculum for the NPE.

## Saturday October 21st

*1pm to 3pm Therapy Skills: Grief and Loss:* Improve your therapy skills and understanding of the complexities of grief and loss.

## Tuesday October 31st

*8pm to 10pm Introduction to Working with Trauma:* An overview of theories, models and interventions in working with trauma presentations.

## Wednesday November 1st

*1pm to 3pm Introduction to CBT Skills:* A brief introduction to CBT skills - including theoretical model, psychoeducation demonstration, 3/6 session intervention plans, and useful resources.

## Saturday November 11th

*1pm to 3pm Therapy Skills: Managing Self Harm and Suicidal Ideation:* Learn key skills to better understand self harm and suicide. Jasmine will demonstrate and share resources to effectively assess, risk manage, and document. There will be a specific focus on how to apply these skills to working with teenagers and inform parents/carers.

# GROUP SUPERVISION FACILITATED BY JASMINE KELLY (PSYCHOLOGIST) CONTINUED...

## Tuesday November 14th

*8pm to 10pm NPE: Initial Prep and Ethics:* An introduction to better help you understand, prepare, and study for the NPE. This session is best done at the start of your NPE study journey but can be done at any time. Jasmine will also address the most important ethical considerations of the NPE.

## Wednesday November 15th

*1pm to 3pm Introduction to Motivational Interviewing:* A two hour overview of Motivational Interviewing, focusing on creating positive behaviour change.

## Saturday November 25th

*1pm to 3pm Therapy Skills: CBT for Teenagers:* This session is best booked as a follow up to Intro to CBT Skills. This session covers more advanced CBT skills with a specific focus on how to apply to an adolescent population.

## Tuesday November 28th

*8pm to 10pm NPE: Assessment:* This can be booked as a follow up to NPE: Initial prep and ethics, or can be booked independently. Jasmine will discuss the WISC, WAIS, PAI, and SDQ, specifically focusing on how to prepare for questions relating to assessment in the NPE.

## Wednesday November 29th

*1pm to 3pm Introduction to Eating Disorders:* Eating Disorders are a complex and dangerous area of practice. Jasmine will focus on understanding and assessing the most common forms of disordered eating.

## Saturday December 2nd

*1pm to 3pm Therapy Skills: Art Therapy:* Combine your enthusiasm for psychology and creativity, an introduction on how to use art as part of your therapeutic intervention. These skills can be used across the lifespan, but there is a specific focus on working with children.

# GROUP SUPERVISION FACILITATED BY JASMINE KELLY (PSYCHOLOGIST) CONTINUED...

## Tuesday December 12th

*8pm to 10pm NPE: Intervention:* This is the third session of NPE prep (best done after NPE intro and NPE assessment). This session will focus on what you need to know regarding the interventions that are part of the curriculum for the NPE.

## Wednesday December 13th

*1pm to 3pm Introduction to ACT:* Acceptance and Commitment Therapy techniques can be integrated into your current practice. Jasmine will start with an overview of ACT and then demonstration of specific skills and techniques.

## Saturday December 16th

*1pm to 3pm Therapy Skills: Supporting Gender Diverse Clients:* Gender Diversity is an ever growing area of practice for many Psychologists. Jasmine will help you to better understand gender diversity, how to be an ally, and ASD clients who are also gender diverse.



# GROUP SUPERVISION FACILITATED BY SENG TAN (PSYCHOLOGIST)

These 2 hour groups are facilitated on Thursday from 6pm to 8pm or Saturday from 9am to 11am, NSW time. Seng is continuing with groups of the same theme topic (Risk Assessment) for the end of the year. These groups require active participation and have a set learning goal facilitated in a group supervision space.

**Fee:** Cost of the group supervision session is \$160 per supervisee.

## **6PM-8PM & 9AM-11AM NSW TIME**

**Thursday July 20th**

*6pm-8pm Risk Assessment for Clients with Suicidal Ideations and Self-harmers:* The talk will primarily focus on suicidal risks and I'll cover topics that increases risk (e.g., previous attempts, current plans etc) and decreases risks (social support network), but similar questions can be applied to self harmers and other risky situations, such as students running off school grounds.

**Thursday August 17th**

*6pm to 8pm Factors to consider when developing a Risk / Behaviour Management Plan:* Follows on from Seng's previous group supervision (Risk Assessment). You don't have to have done the previous group supervision session to understand this one. This group session will focus on things to consider when writing up a plan and can be applied at a school setting or a home setting (behaviour management of children in the home. Sections of this talk can also be applied to clients experiencing Domestic Violence (what we can do to minimise the risk etc).

**Saturday October 14th**

*9am to 11pm Factors to consider when developing a Risk / Behaviour Management Plan:* (Same as above)

**Saturday November 25th**

*9am to 11pm Factors to consider when developing a Risk / Behaviour Management Plan:* (Same as above)

These 2 hour groups are facilitated during business hours on Fridays between 2pm and 4pm NSW time (3pm to 5pm after daylight savings starts) and on Mondays between 3pm and 5pm NSW time (4pm to 6pm after daylight savings starts). These groups require active participation and have a set learning goal facilitated in a group supervision space.

**Fee:** Cost of the group supervision session is \$160 per supervisee.

## **2PM-4PM & 3PM-5PM NSW TIME**

## **AFTER DAYLIGHT SAVINGS STARTS: 3PM-5PM & 4PM-6PM NSW TIME**

**Friday June 23rd**

*2pm to 4pm Paediatrics: Case Conceptualisation:* This group supervision will provide an opportunity to discuss any assessment or intervention paediatrics cases. Formulation, therapy approach and recommendations for resources can be discussed.

**Friday July 7th**

*2pm to 4pm Assessment: Assessing and Diagnosing Specific Learning Disorders (SLD's):* This group supervision will provide an overview of the assessment and diagnosis process for SLD using the Wechsler assessments. It will also go through theoretical underpinnings, tips for score interpretation, and differential diagnoses to consider.

**Friday July 21st**

*2pm to 4pm Working with Children: Responding to Challenging Behaviours (In session):* This group supervision will provide an understanding of possible triggers underlying challenging behaviours that may occur in therapy session. It will also include practical strategies to respond and de-escalate.

# GROUP SUPERVISION FACILITATED BY KELLY WOZENCROFT (PSYCHOLOGIST) CONTINUED...

## Monday August 7th

*3pm to 5pm Paediatrics: Case Conceptualisation:* This group supervision will provide an opportunity to discuss any assessment or intervention paediatrics cases. Formulation, therapy approach and recommendations for resources can be discussed.

## Friday August 18th

*2pm to 4pm Working with Carers/Parents:* This group supervision will provide an overview of parenting approaches and strategies that you can share with parents/carers for responding to emotions and behaviours in children and adolescents.

## Friday September 1st

*2pm to 4pm Assessment: Introduction to Autism Spectrum Disorder (ASD) Assessments:* This group supervision will provide an overview of the traits for Autism Spectrum Disorder as well as assessment process and tools.

## Friday September 15th

*2pm to 4pm Working with Children: Therapy approaches for Children Diagnosed with Attention-Deficit Hyperactivity (ADHD):* This group supervision will provide an overview of therapy approaches and session ideas for supporting children with ADHD.

## Monday September 18th

*3pm to 5pm Working with Carers/Parents:* This group supervision will provide an overview of parenting approaches and strategies that you can share with parents/carers for responding to emotions and behaviours in children and adolescents.

## Friday September 29th

*2pm to 4pm Assessment: Introduction to Attention-Deficit Hyperactivity (ADHD) Assessments:* This group supervision will provide an overview of the traits for ADHD as well as assessment process and tools.

# GROUP SUPERVISION FACILITATED BY KELLY WOZENCROFT (PSYCHOLOGIST) CONTINUED...

## Friday October 13th

*3pm to 5pm Working with Children: Therapy approaches for Children Diagnosed with Autism Spectrum Disorder (ASD):* This group supervision will provide an overview of therapy approaches and session ideas for supporting children with ASD.

## Monday October 16th

*4pm to 6pm Paediatrics: Case Conceptualisation:* This group supervision will provide an opportunity to discuss any assessment or intervention paediatrics cases. Formulation, therapy approach and recommendations for resources can be discussed.

## Friday October 27th

*3pm to 5pm Working with Children: Responding to Challenging Behaviours (In session):* This group supervision will provide an understanding of possible triggers underlying challenging behaviours that may occur in therapy session. It will also include practical strategies to respond and de-escalate.

## Friday November 24th

*3pm to 5pm Working with Children: Therapy Approaches for Children with Anxiety, Perfectionism, and/or Obsessive Compulsive Disorder (OCD):* This group supervision will provide an overview of therapy approaches for supporting children with anxiety (including specific phobias).

## Friday December 8th

*3pm to 5pm Working with Carers/Parents:* This group supervision will provide an overview of parenting approaches to support parents/carers with managing emotions and behaviours in children and adolescents.

# CANCELLATION POLICY FOR GROUP SUPERVISION

To prevent having to cancel groups at short notice, ensure we are valuing the time our supervisors spend preparing content and the time they put aside to facilitate group supervision (particularly those giving up their evenings or weekends), the following cancellation policy applies.

All group supervision sessions will require at least seven days of notice of cancellation, otherwise a cancellation fee of the full cost of the group supervision session booked will be charged.

Cancellations for group supervision are required to be completed via the booking portal, or via email to [contact@provisionalpsychologistnetwork.com](mailto:contact@provisionalpsychologistnetwork.com). As a courtesy we may send you an SMS reminder for your scheduled group session two weeks prior, and the day prior. However, this is a courtesy service only and should we experience staff shortages or technical difficulties this may not occur. As such, it remains your responsibility to attend the session and the absence of an SMS reminder will not lead to cancellation fees being waived. We encourage everyone to check their diary and have a system in place for ensuring booked sessions are attended.

Group supervision sessions will continue to require a minimum of three participants to run. If the group needs to be cancelled for this reason any payment for the session will be fully refunded.

We are in the business of providing supervision, not charging cancellation fees, please help us do that. 😊

The Provisional Psychologist Network

FOLLOW OUR SOCIAL MEDIA

